

Combined Orthopaedic Inter-hospital Meeting and Multi-disciplinary Symposium : **Fast-track Arthroplasty : How to Enhance Recovery ?**



Invited Speaker : Professor Henrik Kehlet

Professor of Perioperative Therapy
Copenhagen University
Head, Section for Surgical Pathophysiology
Rigshospitalet, Copenhagen

Date : 17 January 2015 (Saturday)

Time : 08:30 to 12:30 (Orthopaedic Inter-hospital Meeting : 08:30 – 10:30)

Venue : Lecture Theatre 4, Cheung Kung Hai Conference Centre, G/F, William MW Mong Block, 21 Sassoon Road, Pokfulam, Hong Kong

Target Participants : Orthopaedic Surgeon, Anaesthesiologist, Nurse and Allied Health colleague with interest in Fast-track Arthroplasty

(Free Registration, Breakfast served before meeting)

Organizers :

Division of Joint Replacement Surgery, Department of Orthopaedics & Traumatology, HKU

Department of Anaesthesiology, HKU

Adult Joint Reconstruction Chapter, Hong Kong Orthopaedic Association



Activity sponsored by



CNE/CME/CPD Accreditations : pending

Registration Form

(For Orthopaedic colleague joining the Orthopaedic Inter- hospital meeting session ONLY ie 08:30 – 10:30, there is **NO** need for registration)

Part I PERSONAL INFORMATION

(please type or print in block letters and where appropriate)

Title: Prof. Dr. Mr. Mrs. Ms.

Name: _____ Position : _____

Hospital/ Clinic: _____ Department : _____

Address: _____

Tel: _____ Fax: _____ Email: _____

Carplate No. : _____

REGISTRATION & PARKING: FREE

RSVP: Please fill in and return the Registration Form on or before January 10, 2015

Fax to 2808 7338; email to heidi.lee@mccann.com

For enquiry: please contact Heidi Lee at 2808 7615

Registration is on first-come, first-served basis because of limited quota. On-site registration is not allowed. The programme is subject to change without prior notice.

Combined Orthopaedic Inter-hospital Meeting and Multi-disciplinary Symposium:

Fast-track Arthroplasty : How to Enhance Recovery ?

Date : 17 January 2015 (Saturday)

Theme : Techniques in Surgery, Anaesthesiology, Peri-operative Care, Rehabilitation to enhance recovery

Target Participants: Orthopaedic Surgeon, Anaesthesiologist, Nurse and Allied Health colleague

Venue : Lecture Theatre 4, Cheung Kung Hai Conference Centre, G/F, William MW Mong Block, 21 Sassoon Road, Pokfulam, HK

Preliminary Programme

| Time | Topic | Speaker |
|--|--|--|
| 08:00-08:30 | Registration and Breakfast | |
| Session 1 : Combined Orthopaedic Inter-hospital Meeting & Multi-disciplinary Symposium - Introduction | | |
| 08:30-08:35 | Introduction | Prof Peter KY Chiu / O&T QMH Prof Michael Irwin / Anaes QMH |
| 08:30-08:45 | Case Presentation | Dr PK Chan / O&T QMH Dr Timmy Chan / Anaes QMH |
| 08:45-09:30 | What is Fast-track arthroplasty? Experience In Denmark | Prof Henrik Kehlet |
| 09:30-09:45 | Joint Replacement Centre in Hong Kong - Experience in Yan Chai Hospital | Dr QJ Lee / O&T YCH |
| 09:45-10:00 | Fast-track Anaesthesia for Total Knee Replacement | Dr Eric So / Anaes QEH |
| 10:00-10:15 | Fast-track Arthroplasty : Surgeon's perspective | Dr PK Chan / O&T QMH |
| 10:15-10:30 | Discussion | ALL |
| 10:30-11:00 | Tea Break | |
| Session 2 : Multi-disciplinary Symposium - Perioperative Care and Rehabilitation | | |
| 11:00-11:45 | Keys to Achieve Early Recovery after Arthroplasty | Prof Henrik Kehlet |
| 11:45-12:00 | Patients' Path for Total Joint Replacement : Nursing Perspective | Ms NY Wong / APN QMH |
| 12:00-12:15 | Fast Track Discharge Program - Our Experience in Queen Mary Hospital | Ms Rita Lam / PT QMH |
| 12:15-12:30 | Importance of Preoperative Muscle Strengthening in Rehabilitation after Total Hip Arthroplasty | Ms YY Chan / PT KWH |
| 12:30-12:45 | Home Readiness Programme for Joint Replacement | Mr Edward Chan / OT QMH Ms Terri Ng / OT MMRC |
| 12:45-13:00 | Discussion & Conclusion | ALL |

Invited Speakers/Guests :

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|---------------------------|--|
| Prof Henrik Kehlet | Professor of Perioperative Therapy, Copenhagen University, Denmark |
| Prof Peter KY Chiu | Chief, Division of Joint Replacement Surgery, Department of Orthopaedics & Traumatology, Queen Mary Hospital |
| Prof Michael Irwin | Head, Department of Anaesthesiology, HKU COS, Department of Anaesthesiology, Queen Mary Hospital / HKU Shenzhen Hospital |
| Dr Eric So | Consultant, Department of Anaesthesiology, Queen Elizabeth Hospital |
| Dr Timmy Chan | Consultant, Department of Anaesthesiology, Queen Mary Hospital |
| Dr QJ Lee | Associate Consultant, Department of Orthopaedics & Traumatology, Yan Chai Hospital |
| Dr PK Chan | Associate Consultant, Department of Orthopaedics & Traumatology, Queen Mary Hospital |
| Ms NY Wong | Advanced Practice Nurse, Nursing Division, Department of Orthopaedics & Traumatology, Queen Mary Hospital |
| Ms Rita Lam | Physiotherapist, Queen Mary Hospital |
| Ms YY Chan | Physiotherapist, Kwong Wah Hospital |
| Ms Terri Ng | Occupational Therapist, MacLehose Medical Rehabilitation Centre |
| Mr Edward Chan | Occupational Therapist, Queen Mary Hospital |

Organizing Committee:

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|----------------------|--|
| Dr PK Chan | Associate Consultant, Department of Orthopaedics & Traumatology, Queen Mary Hospital |
| Dr Timmy Chan | Consultant, Department of Anaesthesiology, Queen Mary Hospital |
| Dr HC Cheng | Consultant, Department of Orthopaedics & Traumatology, United Christian Hospital |

Accreditations: CME/CNE/CPD pending

Program Secretariat:

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